The Staff College: Leadership in Healthcare (Staff College) is a national charity dedicated to developing leaders and helping them to deliver better outcomes. We design and deliver behaviourally based programmes for individuals, teams and Boards within primary, secondary care and the integrated care agenda.

Over the last two years we have piloted a variety of approaches to support the development of effective leaders, working to integrate care in their local areas through:

1. Developing the capacity of individual leaders to lead change within the STP through the delivery of a 3–day Senior Clinical Leadership Development Programme.
2. Working with leadership groups to optimise their ability to work together in an atmosphere of trust and mutual respect through the delivery of:
   a. STP Board Development Programme
   b. STP Work-Stream: Leadership Group Development
   c. STP Work-Stream: Development of a Work-Stream Leadership Group
   d. Integrating Services Team: Team Development Programme.

We’ll be presenting the impact these approaches have had for individual leaders and their systems’ ability to improve the care of patients at the Leaders in Healthcare Conference 2019, along with the conditions that can make for successful development, and the challenges that can undermine it.

PReCePT (PRevention of Cerebral Palsy in Pre Term Labour) is the first perinatal Quality Improvement (QI) programme delivered at scale across England, bringing together midwives, obstetricians and neonatologists in every maternity unit in the country. It aims to reduce incidence of cerebral palsy (CP) in preterm babies.

Commissioned by NHS England, the two-year programme is led by the West of England AHSN on behalf of the AHSN Network.

PReCePT was developed in 2014 by the West of England AHSN with University Hospitals Bristol NHS Foundation Trust, involving both patients and staff. The intervention was adopted by five maternity units, using a QI approach to support uptake. Each unit increased MgSO4 uptake to >85% during the project and sustained these levels. A retrospective audit showed the project had avoided seven cases of preterm CP, representing a lifetime health and social care cost of around £5.6million. PReCePT is now being spread across the country by all 15 AHSNs during 2018–2020.

A suite of standardised QI resources has been developed, available on the AHSN Network website. Taking a network-of-networks approach, each AHSN works with maternity units in their region, supporting them to deliver QI projects to increase MgSO4 uptake, with backfill funding for midwife and regional clinical leads.

We are currently halfway through the PReCePT programme. From available data received so far, administration rates of MgSO4 in participating units is already consistently above 80%.