Oxygen is an important drug frequently used in the management of acutely unwell hospital patients. Studies have shown that deliberately increasing oxygen delivery in critically ill patients as well as high-risk surgical patients reduces organ failure, reduces length of ICU stay and, most importantly, improves mortality. British Thoracic Society Guidelines state that oxygen must be prescribed for all patients, with target saturations stipulated on the prescription for patient safety.

A quality improvement project was initiated and undertaken with the aim to improve the oxygen prescription rates across the surgical wards at Lister East and North Hertfordshire district general hospital over 2 months.

This project involved leading a team of doctors to gather the relevant data on a weekly basis on compliance with oxygen prescribing looking at: COPD status, target saturations, timing, route and signature and dating of prescriptions. Teaching sessions were held based on the Results of our audit and targeted to the entire surgical department. The primary aim was to remind both junior and senior doctors and other allied healthcare prescribers alike the importance of oxygen prescribing and the lack of clear documentation on it. This presentation was accompanied by a systematic process of spearheading judicious interventions to appropriately promote the prescribing of oxygen.

On re-audit, the critical interventions stated led to an improvement in the documentation of target saturations (13.6% to 42.2%), the route of administration (15.9% to 28.9%), timing of oxygen delivery (11.4% to 24.4%), and the signature and dating of the prescription (15.9% to 40%).

An improvement in all aspects of oxygen prescribing was shown in our audit but with areas of enhancement still potentially achievable. By leading a team of doctors, an enrichment in the care of surgical patients was achieved with regards to oxygen prescribing.

**54 BALINT GROUP AS THE TOOL FOR BUILDING HORIZONTAL STRUCTURE AND FOSTERING PATIENT-CENTRED CARE: REFLECTIONS ON RUNNING BALINT GROUP ON AN ORTHOPAEDIC WARD**

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The project took place on the emergency surgical and trauma unit at the Manchester Royal Infirmary. It was noted that patients with acute trauma would frequently include people with complex psychosocial difficulties. The intervention of Balint Group appeared to be most appropriate, which is unstructured reflective practice group initially created. It is important to note, that Balint group was selected both as intervention and assessment, as further reflections by the staff group would provide more insight into the nature of their difficulties.

We ran weekly 1-hour Balint Group session for 3 months. When running Balint Group a few main themes appeared, including 1) splitting up professional-patient relationship 2) avoidance of feeling 3) reduction of impact of responsibility by relying on superiors. Balint Group is effective in flattening hierarchy and helping the team to develop ‘horizontal structure’ with the free flow of ideas. In ‘horizontal structure’ professionals are accountable to patients and focussed on their care. Focus on professional-patient relationship and openness to difficult feelings is the building block of ‘horizontal structure’ in the team, which fosters growth and progress and high sensitivity to changing demands of environment, which are essential for effective leadership.

Balint group intervention in multidisciplinary team if a powerful assessment tool to explore the nature of the difficulties in the team, as well as it is a useful intervention, which helps to flatten hierarchy within the team, increase the flow of ideas from bottom up, and increase the sense of individual responsibility within the team. We present the qualitative and quantitative analysis, following the pilot project to support the benefit of running the Balint group in multidisciplinary team.
doctors on a range of topics. Consensus amongst peers was that teaching sessions often were not particularly relevant to the needs of junior doctors.

A peer-to-peer teaching scheme was launched for Foundation Year 1 (FY1) doctors in February 2018. A one-hour session dedicated to peer teaching was allocated once or twice a month within protected teaching time. Three speakers were assigned per session, each delivering a 15–20 minute presentation. Content was left to the discretion of the FY1 doctor presenting, and frequently centred around common on call scenarios.

13 FY1 doctors presented topics within the peer teaching programme in the remaining 6 months of the Foundation Year 1. An end-of-year evaluation survey showed that feedback of the scheme was largely similar to regular teaching sessions, with a higher overall rating.

Reflecting on our positive feedback, going forward we ensured that the programme continued to be offered to the FY1 doctors starting in August 2018, and expanded the programme to FY2 doctors.

Acting upon feedback, the presentation time was lengthened to 30 minutes for the FY2 programme in order to allow the speaker to explore their chosen topic in more depth. We also developed a teaching syllabus based on the core medical/surgical curriculum to encourage teaching tailored towards membership exams.

Compared to last year’s FY1 programme, we have seen an increase of nearly 40% in teaching participation this year with 18/54 FY2 doctors presenting topics.

We believe the positive uptake of the peer teaching programme reflects a positive engagement of junior doctors in their education, which we hope will carry through to their clinical work on the wards.

**Digital Patient Information Leaflet: An Innovative Approach**

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10.1136/leader-2019-FMLM.56

**Issue** Non availability of paper leaflets for patients for sexual health conditions and contraception in our clinic due to the lack of logistics necessitated to start a quality improvement project.

**Innovative idea proposed** Newer generation smart phones have camera with built in QR code scanner and does not require an App to scan the QR code. We utilized this opportunity for our innovation.

**Project journey** A survey was conducted among sexual health clinic staffs on tools used for distribution of patient information leaflets and acceptability of QR code and short url for usage. Survey findings were presented and discussed at a departmental educational meeting. QR codes linking to official BASHH and FPA online patient information leaflets were created from trust Microsoft word software and displayed as small stickers at clinic rooms for usage. Feedback from users was obtained after 6 months. On the second stage of the project, bit.ly codes were created for different clinic sites and were incorporated to the second version of QR codes. It was exceptionally approved by clinic staff for usage with good positive usage feedback.

**Exploring the Functions of an E-Prescribing System to Reduce Prescribing Errors and Improve Inpatient Medication Record Keeping**


10.1136/leader-2019-FMLM.57

The e-prescribing system at the Great Western Hospital offers a note taking system that pharmacy uses to record a 24-hour drug history and allows users to add notes clarifying any changes.

A QI project aimed to reduce near-misses caused by prescribing errors by increasing the utilisation of the 24-hour drug history and note system. This was done via education targeted at the primary users of the system using pre-existing channels in the trust. Three cycles of interventions were implemented: teaching the prescribers how to use the system during teaching sessions, increasing publicity via posters in clinical areas and trust mailing lists, and making a version of the guide available on the trust intranet.

The primary measure was the number of near-misses identified from pharmacy phone calls to the medical team in a 24-hour period, which fell from 22 to 10 to 8 to 7. Secondary measures were the percentage drug histories being ‘read’, which improved from 12.77% to 23.26% initially but fell to 2.38% and 4.63%; and the percentages of drug charts with notes clarifying discrepancies which changed little despite intervention from 18.92% to 28.00% to 33.33% to 29.54%.

The interventions show that it is possible to use existing trust education channels to produce a sustainable reduction in near-misses. The reduction in percentage drug histories being ‘read’, and the lack of change in the percentages of drug charts with notes clarifying discrepancies illustrate the challenges in using an e-prescribing system.

**Hospital at Weekends: Improving Continuity of Care**

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**Introduction** Maintaining continuity of care at the weekends with a reduced workforce requires effective handover, and robust workforce and task management. In Medway Maritime Hospital, an audit showed that only 50–60% of the weekend